

## MENU

All Beef Swedsin Meatabils With Penne Noodles Steamed Green Beans Dinner Roll Pasta Salad Glazed Carrots Onion) Pasta Salad Glazed Carrots Onion) Pasta Salad Glazed Carrots Pepperoni Pizza P	HS Week 34: 04.28.25-05.02.25	Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni Pizza Meat Lovers Pizza Vegetable Pizza Vegetable Pizza Vegetable Pizza Chicken Buffalo  Chicken Tenders Carrots Sticks Homemade Bread Stick Assorted Sauces  Dinner Roll Turkey, with Lettuce, Tomato, Onion Pickles, Banana Peppers, Jalapeno Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Chicken, Tenders Carrots Sticks Build Your Own Sliced Turkey Ham, Turkey, with Lettuce, Tomato, Onion Pickles, Build Your Own Sliced Turkey Ham, Turkey, with Lettuce, Tomato, Onion Pickles, Banana Peppers, Jalapeno Peppers on Sub Bun  Hamburger Cheeseburger Bosco Sticks with Marinara Sauce  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Peppers Tortilla Shells Served  Peppers Tortilla Shells Served  Peppers Ad Sour Cream. Tortilla Chips or Tortilla Shells Served  Peppers Ad Chicken Buffalo  Pepperoni Pizza Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Build Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Build Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Build Vegetable Pizza Chicken Buffalo Vegetable Pizza Chicken Buffalour Peppers Sticks Homemade Dinner Roll Assorted Sauces Assorted Sauces Sales Allow Peppers and Onion Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Served Daily Served Daily Served Daily Pe	SIGNATURE	Swedish Meatballs With Penne Noodles Steamed Green Beans	Sandwich Breaded Chicken Filet (Topped with Sundried Tomato & Onion) Pasta Salad	Popcorn Chicken With Brown Rice	Homemade Pancakes with Turkey Sausage Breakfast Potatoes	Beef Chili Bar With Diced Onion, Shredded Cheese, or Crackers Seasoned Corn
Carrots Sticks Homemade Bread Stick Assorted Sauces  Assorted Sauces  Page of Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded	<b>B</b>	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Spicy Chicken Filet Sandwich  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded C	CHX	Carrots Sticks Homemade Bread Stick	Celery Sticks Homemade Dinner Roll	Build Your Own Sliced Turkey Ham, Turkey, with Lettuce, Tomato, Onion Pickles, Banana Peppers, Jalapeno Peppers on	Celery Sticks Homemade Dinner Roll	Carrots Sticks Homemade Bread Stick
Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Tortilla Shells Served  Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served  Tortilla Shells Served  Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Che	Met	Chicken	Cheeseburger Bosco Sticks with	Chicken Filet Sandwich	Cheeseburger Bosco Sticks with	Chicken
	ALRICAN-ERILL	Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or	Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served	Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served	Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served	Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells

nutrisbar

Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread,

Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.

Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots,
Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.

Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy

